

NOVEMBER 2023

22/11/23
66606/ME22C/MD23C

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer any TEN questions each in 50 words.

1. What is Counselling Skills?
2. Who is a Counsellor and a Counsellee?
3. What are the importance of paraphrasing?
4. What is International Interviewing?
5. Mention the purpose of Monitoring a Client.
6. What are Micro Skills?
7. List down the ways to clarify Problems.
8. What are the benefits of Flexibility?
9. What are the ways to prevent burnout?
10. What is Selective Reflection?
11. What is the need of Problem Solving activities?
12. What is a Paradox in Counselling?

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions each in 200 words.

13. Differentiate counselling and Psychotherapy.
14. Delineate Personal aspects of Counselling.
15. Explain the ways to identify Ethical Issues in a situation.
16. Examine the process to increasing skills and flexibility.
17. Describe principles of Active Listening in counselling.
18. Elaborate merits and demerits of Advice Giving.
19. Make a note on Rapport Building Skills.

PART C — (4 × 10 = 40 marks)

Answer any FOUR questions each in 500 words.

20. Discuss Attribution and Systematic Framework of Counselling and Supervision.
21. Elucidate the importance of Problem Solving in Counselling Skills.
22. Enumerate Micro Skills Hierarchy.

23. Explicate the role of Empathy in Therapy.
 24. Evaluate the Types of Facilitation.
 25. Assess Coping with Feelings.
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